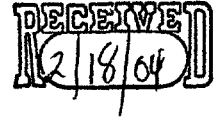


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January 28, 2004



Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, Maryland 20740

Re: Statement for Dietary Supplement

Dear Sir or Madam:

This letter is submitted as required by Section 406(r)(6) of the Food, Drug & Cosmetic Act (FDC Act) for the purpose of notifying the Food and Drug Administration (FDA) of certain statements being made in connection with the sale of dietary supplement products marketed by this company.

The product name and the dietary ingredients for which certain statements are being made are as follows:

Binge Buster

Chromium (as chromium nicotinate)	125 mcg
Proprietary Metabolic Activator Blend	114.5 mg
Peppermint Oil	
Citrus Aurantium (Bitter Orange)	6% Synephrine
Gymnema Sylvestre Extract	(75% Gymnemic Acids)
Stevia Extract	

The text of the statements that are being made for the above product is listed below:

"Helps stop hunger and sweet cravings."

As Chief Executive Officer for Health Direct (HD Nutrition, Inc.), I certify that the information contained in this notification is complete and accurate and that Health Direct (HD Nutrition, Inc.) has substantiation that the above statements are truthful and not misleading.

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Jim Caras
Chief Executive Officer
Health Direct (HD Nutrition, Inc.)

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